

Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jiu-Jitsu 7AM-8AM	Luta Livre 7AM-8AM	Jiu-Jitsu 7AM-8AM	Luta Livre 7AM-8AM	Jiu-Jitsu 7AM-8AM	Little Champion (4-9 years old) 10:20AM-11:00AM
					Kids Jr (10-13 years old) 11AM-11:40AM
Jiu-Jitsu 12:30PM-1:30PM	Luta Livre 12:30PM-1:30PM	Jiu-Jitsu 12:30PM-1:30PM	Luta Livre 12:30PM-1:30PM	Jiu-Jitsu 12:30PM-1:30PM	Luta Livre 12PM-1PM
				Little Champion (No-Gi) (4-9 years old) 4:20PM-5PM	
Kids Jr (No-Gi) (10-13 years old) 5PM-5:40PM	Little Champion (No-Gi) (4-9 years old) 5PM-5:40PM	Kids Jr (10-13 years old) 5PM-5:40PM	Little Champion (4-9 years old) 5PM-5:40PM	Kids Jr (No-Gi) (10-13 years old) 5PM-5:40PM	
Jiu-Jitsu 6PM-7PM	Jiu-Jitsu 6PM-7PM	Jiu-Jitsu 6PM-7PM	Jiu-Jitsu 6PM-7PM	Luta Livre 6PM-7PM	
Jiu-Jitsu 7PM-8PM	Luta Livre 7PM-8PM	Jiu-Jitsu 7PM-8PM	Luta Livre 7PM-8PM	Kickboxing 7:30PM-8:30PM	
Kickboxing 8:30PM-9:30PM	Kickboxing 8:30PM-9:30PM		Kickboxing 8:30PM-9:30PM		