

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Jiu-Jitsu 6:00 - 7:00am		Jiu-Jitsu 6:00 - 7:00am			
Jiu-Jitsu 7:00 - 8:00am	Luta Livre 7:00 - 8:00am	Jiu-Jitsu 7:00 - 8:00am	Luta Livre 7:00 - 8:00am	Jiu-Jitsu 7:00 - 8:00am		
					Little Champion (4-8 years old) 10:20 - 11:00am	
Luta Livre 11:00 - 12:00pm	Women's Jiu-Jitsu 11:00am - 12:00 pm	Luta Livre 11:00 - 12:00pm	Women's Jiu-Jitsu 11:00am - 12:00 pm	Luta Livre 11:00 - 12:00pm	Kids Jr. (9-13 years old) 11:00 - 11:40am	Women's Jiu-Jitsu 11:00am - 12:00 pm
Jiu-Jitsu 12:30 - 1:30 pm	Luta Livre 12:30 - 1:30pm	Jiu-Jitsu 12:30 - 1:30 pm	Luta Livre 12:30 - 1:30pm	Jiu-Jitsu 12:30 - 1:30 pm	Luta Livre 12:00 - 1:00 pm	
				Little Champion (No-GI) (4-8 years old) 4:20 - 5:00pm		
Kids Jr. (No-GI) (9-13 years old) 5:00 - 5:40pm	Little Champion (No-GI) (4-8 years old) 5:00 - 5:40pm	Kids Jr. (9-13 years old) 5:00 - 5:40pm	Little Champion (4-8 years old) 5:00 - 5:40pm	Kids Jr. (No-GI) (9-13 years old) 5:00 - 5:40pm		
Jiu-Jitsu 6:00 - 7:00pm	Jiu-Jitsu 6:00 - 7:00pm	Jiu-Jitsu 6:00 - 7:00pm	Jiu-Jitsu 6:00 - 7:00pm	Luta Livre 6:00 - 7:00pm		
Jiu-Jitsu 7:00 - 8:00pm	Luta Livre 7:00 - 8:00pm	Jiu-Jitsu 7:00 - 8:00pm	Luta Livre 7:00 - 8:00pm			
	Kickboxing 8:15 - 9:15pm		Kickboxing 8:15 - 9:15pm			